

Ashley Hall Dining Commons Menus

August 22nd-26th , 2011

Monday 22nd	Tuesday 23rd	Wednesday 24th	Thursday 25th	Friday 26th			
EEC & K-6th Menus	Family Style	Family Style	Family Style	Family Style			
Family Style	<ul style="list-style-type: none"> • Cheese Quesadillas-(EEC-3rd) • Rice Pilaf • Applesauce • Organic Baby Carrots • Beef & Cheese Tacos (4th-6th) on Soft Tortilla • Shredded Lettuce, Salsa • Sour Cream, Tomatoes • Rice Pilaf • Refried Beans-Alternative • Yellow Cake with Frosting • Water, Milk or Drinks 	<ul style="list-style-type: none"> • Baked Chicken • Farfalle Pasta • Fresh Steamed Broccoli • Fresh Strawberries • Parmesan Cheese • Ketchup- Honey Mustard • Water, Milk or Drinks 	<ul style="list-style-type: none"> • Roast Beef & Gravy • Steamed Rice • Steamed Green Beans • Steamed Corn • Fresh Honeydew and Cantaloupe • Warm Biscuits & Butter • Water, Milk or Drinks 	<ul style="list-style-type: none"> • Baked Pollack • Macaroni & Cheese • Steamed Sugar Snap Peas • Ketchup & Tartare Sauce • Fresh Bananas • Rainbow Push Ups Sticks • Water, Milk or Drinks 			
<ul style="list-style-type: none"> • Oven Roasted Turkey Breast & Gravy • Fresh Mashed Potatoes • Steamed Peas • Cranberry Sauce • Fresh Grapes • Soft Rolls & Butter • Water, Milk or Drinks 							
7th -12th Menus							
Family Style					Family Style	Free Style	Free Style
<ul style="list-style-type: none"> • Oven Roasted Turkey Breast & Gravy • Mashed Sweet Potatoes • Steamed Peas • Cranberry Sauce • Fresh Grapes • Soft Rolls & Butter • Water, Milk or Drinks 					<ul style="list-style-type: none"> • Baked Chicken • Farfalle Pasta • Fresh Steamed Broccoli • Fresh Strawberries • Parmesan Cheese • Ketchup- Honey Mustard • Water, Milk or Drinks 	<ul style="list-style-type: none"> • Roast Beef & Gravy • Steamed Rice • Fresh Grilled Zucchini, Squash Onions, Mushrooms • Fresh Honeydew and Cantaloupe • Warm Biscuits & Butter • Water, Milk or Drinks 	<ul style="list-style-type: none"> • Baked Pollack • Pork Loin & Gravy • Macaroni & Cheese • Steamed Sugar Snap Peas • Ketchup & Tartare Sauce • Fresh Bananas • Rainbow Push Up Sticks • Water, Milk or Drinks
Salad Bar Specialty Salad	Salad Bar Specialty Salad	Salad Bar Specialty Salad	Salad Bar Specialty Salad	Salad Bar Specialty Salad			

Skim , 2% LoFat and LoFat Chocolate Milks are available at all meals. **

Fresh Fruits & Vegetables coming from LimeHouse Produce.

Fresh Apples, Pears and Oranges & assorted Yogurt are available at all meals.

**Ashley Hall only serves hormone free milk.

Menu Subject to Change